RAINBOW CHART FOR YOU TO COMPLETE

	ARTICHOKE ASPARAGUS AVOCADO BAMBOO SHOOTS GREEN PEPPERS BOK CHOY BROCCOLI BRUSSELS SPROUTS CABBAGE CELERY	CUCUMBER EDAMAME BEANS GREEN BEANS GARDEN PEAS ROCKET SPINACH LETTUCE SWISS CHARD KALE OKRA	RED PEPPERS BEETROOT RED ONIONS RED CABBAGE RADISH RHUBARB TOMATO RADICCHIO	CARROTS ORANGE PEPPERS PUMPKIN BUTTERNUT SQUASH SWEET POTATO TURMERIC ROOT	SWEETCORN YELLOW PEPPERS GINGER ROOT SUMMER SQUASH LEMONS	OLIVES PURPLE CARROTS PURPLE SWEET POTATOES KALE PURPLE POTATOES BLUEBERRIES RED CABBAGE BLACK RICE AUBERGINE	CHICKPEAS CAULIFLOWER MUSHROOMS SHALLOTS SEEDS ONIONS GARLIC TURNIPS FENNEL NUTS LENTILS PARSNIPS
MONDAY							
TUESDAY							
WEDNESDAY							
THURSDAY							
FRIDAY							
SATURDAY							
SUNDAY							